

## SOBC Patient Checklist

- Attend educational seminar with your primary support person.
- Verify personal benefits directly with your insurance carrier. We will check as well.
- Complete application/screening visit packet and bring to surgeon's office.
  - Include copy of insurance card front and back.
- Fax a letter of referral from your primary care physician (PCP) to SOBC, **(541) 282-6681**, or include it with the completed application packet even if your insurance does not require it.
- Schedule a screening visit **(541) 282-6680**. At this visit, you will review application packet with the program coordinator.
- Schedule a psychological evaluation (the program coordinator will provide you with the contact information).
- Schedule the initial consultation with the surgeon(after the screening visit).
  - a. Have your PCP's office fax over your clinical records that include documentation of medically supervised diets and the most recent tests and lab work performed. Our fax number is **(541) 282-6681**.
  - b. These documents should ideally arrive before you come for your appointment at our office.
- At the initial consultation, you will be expected to pay the program fee.
- If the surgeon requests additional diagnostic testing, schedule these appointments at this time.
  - a. Our surgeon will provide a referral for your additional diagnostic testing.
  - b. In some cases, such testing requires a referral or prior authorization from your PCP to be covered by your insurance. If this is the case, you will have to contact your PCP for this purpose.
- Schedule nutrition and physical fitness consultations.
- Schedule weekly office check-in appointments.
- Upon insurance preauthorization, we will schedule surgery.
- Return to surgeon's office seven to 10 days before surgery for exam and education.
- Attend mandatory preop education class.
- Attend preop clinic at the hospital. You will have blood drawn, talk about admission procedures and deal with any financial issues.
- Surgery!



Southern Oregon  
Bariatric Center